## APPROPRIATE PHYSICAL CONTACT POLICY

## Carrington Ballet Academy

Due to the nature of ballet and dance, it is often necessary for the teacher / principal to use appropriate physical contact when training / teaching young dancers and performers. Without this physical guidance students may never gain the correct posture and understanding of certain technical requirements, which could lead to injuries.

Teachers / Principal will ask permission from any student before making any correction or contact. If consent from the student is given the Teacher / Principal will verbally inform students of any impending contact before contact is made.

Carrington Ballet Academy recognises that such physical contact is a potentially complex area; and the Carrington Ballet Academy also fully recognises its responsibilities for safeguarding students and for protecting their welfare.

The following principles and procedures are in place to fulfil the Carrington Ballet Academy's obligations:

- 1. Contact by the teacher/principal is made with particular awareness of the needs of each individual, to assist the dancer in correcting placement
- 2. All teachers / principal will treat any physical contact with due sensitivity and care, and with due regard for the wishes of the student
- 3. Contact will not involve force or the use of any instrument
- 4. Teachers / principal will be mindful of location and avoid situations where they are isolated with a student; all private classes should be held in studios and dance areas with windows or with the parent / guardian present
- 5. Students and parents / guardians are encouraged to discuss any worries with the principal or an independent listener in writing or by email
- 6. Both students and parents / guardians should feel free to report any concerns to the principal or an independent listener in writing or by email

This Policy is reviewed on a Regular basis

Policy last updated 1st August 2021